



## November 2019

"NCA Safety News" provides you with valuable information and assists in your quest to achieve a world-class safety culture. We believe that developing a safe work ethic is a never-ending process that must be part of every business's professional development.

Please do not hesitate to contact the [office](#) with your input, suggestions or safety questions. We value your feedback!



## SPOTLIGHT ON WINTER HAZARDS & SAFETY



## ICYMI: WSIB Rate Framework



Effective January 1, 2020, the new WSIB model will change the way businesses are classified, boosting fairness and increasing transparency in how premium rates are set and adjusted.

**"Most Ontario general contractors will experience another decrease in their WSIB premiums again next year.**

**Over a three year period, the premium for general contractors will be cut by just over 50%, saving our (OGCA) members hundreds of millions of dollars."**

What to expect and key features/details from WSIB [HERE](#)

For more info: [rateframework@wsib.on.ca](mailto:rateframework@wsib.on.ca)

## ADDITIONALLY:

### Ontario To Reward Safe Employers WSIB To Provide an Estimated \$140 Million in Financial Incentives

The program, Supporting Ontario's Safe Employers, will formally recognize employers who successfully implement health and safety programs in their workplaces. The financial rewards will come in the form of Workplace Safety and Insurance Board (WSIB) rebates over a three-year period.

[CLICK HERE](#) for full article



## Winter Driving

Please take a moment to review and share these reminders:



*"...plan on taking more time to your destination."*

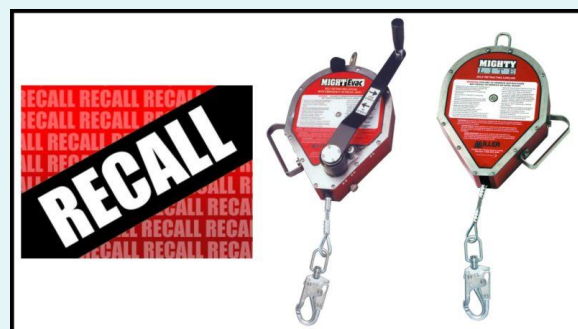
*"Driving too quickly is the main causes of winter collisions, so be sure to drive slowly and carefully on snow and ice covered roads."*

*"Make sure the vehicle is prepared for winter driving..."*

For a complete list, [CLICK HERE](#) for the whitesheet provided by Jack McKiernan



## HONEYWELL STOP USE NOTICE: Miller MightEvac, MightyLite Self- Retracting Lifeline End- Users



[CLICK HERE](#) for full release



## Winter Slips & Falls

*"A slip on the ground can cost you broken bones and weeks off work. A slip at heights can cost you your life."*

*"If you're a supervisor, direct your crew to take time throughout the day to clear work areas and walkways."*

For a complete list, [CLICK HERE](#) for the whitesheet provided by Jack McKiernan



## Requirements for Temporary Stairs

Amendments effective January 1, 2020 will clarify requirements for temporary stairs in the Construction Projects Regulation under the Occupational Health and Safety Act.

The changes will:

- Clarify where temporary stairs should start and end (i.e. clearly requiring temporary stairs in underground levels).
- Exempt an additional specific situation where the installation of temporary stairs may not be possible (i.e. where formwork or falsework is erected to a suspended slab).

For more information, read the amending regulation:

- [O.Reg. 327/19](#), which amends [O. Reg. 213/91](#) – Construction Projects.

Should you have any questions or concerns please direct them to [WebHSpolicy@ontario.ca](mailto:WebHSpolicy@ontario.ca).

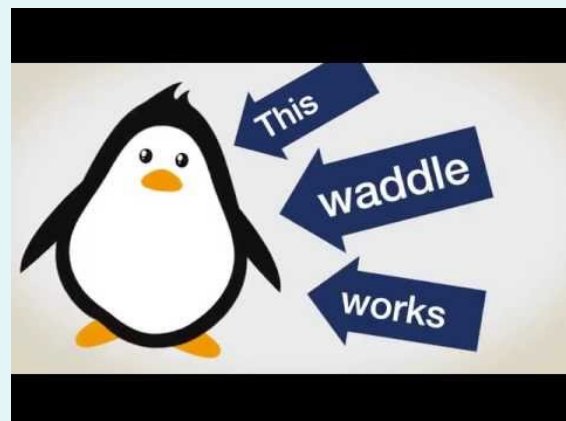
From: OGCA News



## Walk Like a Penguin

One and a half minutes of superb winter walking advice. (Have you ever seen a penguin slip?)

[CLICK HERE](#) FOR THIS QUIRKY BUT EFFECTIVE VIDEO



Ministry gets new name and new minister

# effective October 21:

Minister of Labour, Training and Skills Development - Monte McNaughton

[CLICK HERE](#) for release



## Decorating Safety Tips

"While festive, poinsettias are poisonous when eaten, so keep them out of reach of kids and pets."

"Turn off all lights when you go to bed and before leaving the house to avoid a short that could start an electrical fire. Extinguish candles."

[CLICK HERE](#) for a list of Decorating Safety Tips



## Government to Spend Additional \$2.5M to Boost Exposure to Good Careers in Skilled Trades

Ontario's Government is tackling shortages in the skilled trades by announcing \$20.8 million in spending to attract more people to the trades and boost Ontario's skilled workforce. The Government will increase spending on Ontario's Pre-Apprenticeship Training program by \$2.5 million this year, giving an additional 200 people exposure to good jobs. The program is free for participants and always includes a work placement.

[CLICK HERE](#) for full article



## Carbon Monoxide Poisoning Symptoms

As we live in a cold climate, we can never be reminded enough of the symptoms of carbon monoxide poisoning.

If you suspect carbon monoxide poisoning, evacuate the area that you suspect is contaminated with carbon monoxide. Your best option is to head outdoors, where there is lots of fresh air. Call 9-1-1 or go to your local emergency room to seek treatment. Call your natural gas provider immediately.

**St. John Ambulance**

### CARBON MONOXIDE POISONING

**Signs and Prevention\***

**SYMPTOMS IN HUMANS**

- Nausea
- Headache
- Drowsiness
- Dizziness
- Burning eyes
- Loss of consciousness

**WARNING SIGNS IN PETS**

- Irritability
- Vomiting
- Sore throat
- Refusing to enter the home

The infographic features a central cloud with a skull and 'CO' inside, connected by dotted lines to icons representing each symptom. At the bottom, there are icons of a dog and a cat.



## FREE and free Downloadable Posters: "What is Ergonomics" and "Protecting Your Lungs"



[CLICK HERE](#) for MSDs and Respiratory Safety Hazards Tool Kit

[CLICK HERE](#) for Ergonomics

[CLICK HERE](#) for Lungs

From: WSPS



## "Supporting Ontario's Safe Employers" program

The Ontario Ministry of Labour recently announced its "Supporting Ontario's Safe Employers" program to reward and recognize employers who have implemented a health and safety management system.



Learn about the requirements your health and safety management system must meet to be accredited under the Supporting Ontario's Safe Employers Program. [CLICK HERE](#) for a link to Ontario's new accreditation standard.



## November is CPR Month



CPR is still one of the most life-saving skills one can possess. Is your First Aid certification up-to-date (every three years)? Please consider brushing up on your CPR; check online for videos or your First Aid handbook.





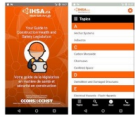



# Mobile App: Safety Compliance Web Tool- Links & QR Codes

Including the IHSA Safety app and OHSa Regulations (click the picture to download)


**Occupational Health and Safety Links and QR Codes - Safety Compliance Web Tool and App**

The following information was developed by the Niagara Regional Labour Management Health & Safety Committee with the intent of providing information on Occupational Health and Safety. The links and QR Codes can be opened or shared by most mobile devices. It is important to note that this document is for information purposes only and does not constitute or intend to constitute, legal advice or service.

DESCRIPTION	INFORMATION – LINKS AND QR CODES
<b>OHSa Regulations App:</b> As part of the Ontario Construction Health and Safety Action Plan (COHS) has partnered with the IHSA and others to create an occupational health and safety compliance web tool and app.	<b>Web:</b> <a href="http://ohsguide.ihsa.ca/">http://ohsguide.ihsa.ca/</a> 
The web tool and app, presents information on 50 key topics to assist Ontario workplaces to reference and understand legislated obligations in the Regulations for Construction Projects in a plain language summary format.	<b>Apple:</b> <a href="https://itunes.apple.com/ca/app/ohs-comst-ohs/id1250117186?mt=8">https://itunes.apple.com/ca/app/ohs-comst-ohs/id1250117186?mt=8</a> 
Under each topic the information is broken down with:	<b>OH Comst OHS</b> Occupational Health & Safety Association 
<b>A Plain Language Summary,</b>	<b>Android:</b> <a href="https://play.google.com/store/apps/details?id=ca.ihsa.construction&amp;hl=en">https://play.google.com/store/apps/details?id=ca.ihsa.construction&amp;hl=en</a> 
<b>Legislation that applies to the topic and,</b>	
<b>Resources available on that topic:</b>	

A publication of the Niagara Labour-Management Health and Safety Committee in partnership with the Infrastructure Health & Safety Association

1000 Chippewa Road, Suite 400, Mississauga, ON L4W 4G5 Canada  
T: 905.273.3034 F: 905.625.0200 M: 905.625.8998 [ihsa.ca](http://ihsa.ca)



## FREE Workplace Violence and Harassment Awareness E-Learning Course



Gain awareness about workplace violence and harassment in approx. 20 minutes.

[CLICK HERE](#)



## WSPS Safety Infographic Posters for Small Businesses

[CLICK HERE](#) for a series of free, downloadable infographic posters is available from Workplace Safety & Prevention Services (WSPS).

The six posters feature hazard awareness information on topics such as falls, new and young workers, chemical exposure and more.



## Court Decisions & Fines

[CLICK HERE](#) to view bulletins on recent court decisions that resulted in fines and other penalties under Ontario's workplace laws, including "**Fatality Results in \$125,000 Fine for Sudbury Construction Company**"



IHSA has many resources to help you work your way through the winter months with health and safety in mind:



- [Your Guide to Safe, Efficient, Winter Driving \(B010\)](#)
- [Best Practices for Building and Working Safely on Ice Covers in Ontario \(IHSA029\)](#)
- Article - [Protect yourself from winter hazards](#)
- Article - [PPE and winter weather](#)
- Article - [Planning, preparation, and patience: The keys to safe winter driving](#)
- Safety talk - [Cold stress](#)
- Safety talk - [Winter hazards](#)
- Safety talk - [Heaters](#)



## Overdose Prevention & Education

The Overdose Prevention and Education Network of Niagara (OPENN) wants to hear from you about drug use in our community. This survey will help inform what a community drug prevention strategy will look like for Niagara. Share your thoughts and enter for a chance to win one of three gift \$50 cards.

Take the survey today! [CLICK HERE](#)



Alarmingly...

*[Of accidental opioid-related deaths between July 2017 and June 2018 in Ontario,] nearly half (46.8%) occurred among people who were unemployed, whereas 18.1% were employed (32.9% with unknown employment status). **Where employment industry information was available, nearly one-third (31.0%) of those employed worked in the construction industry.***



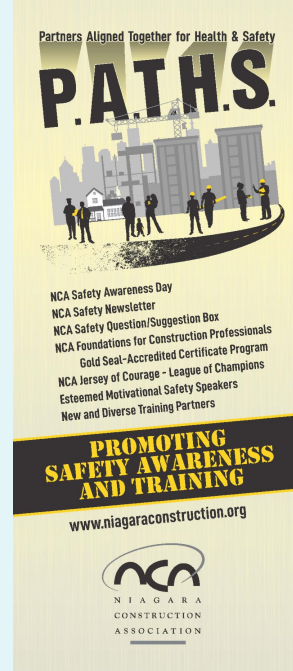
**NEXT MONTH:  
SPOTLIGHT on Substance Use in the Workplace/on the Worksite**



**NCA P.A.T.H.S.**

# PARTNERS ALIGNED TOGETHER FOR HEALTH AND SAFETY

NCA has made safety awareness a primary initiative for our Association. We have recently launched our [PATHS initiative](#), [Partners Aligned Together for Health and Safety](#), formally making a stronger commitment to safety awareness and training.



## Training at the NCA



Elevating Work Platform (Scissor & Articulating ) Training  
Details [here](#)



Forklift Training  
Details [here](#)

# GO FOR GOLD

Gain a Competitive Edge in the Industry. Showcase Your Potential.

## Get Gold Seal Certified

Take a moment to read some amazing Gold Seal success stories [here](#).

Visit [Gold Seal site](#) for more information.



CANADIAN CONSTRUCTION ASSOCIATION  
CANADIENNE DE LA CONSTRUCTION

# Upcoming NCA Educational



<b>DEC 9/16</b> WSIB "NEW" Health & Safety Program info Sessions	<b>DEC 12/13</b> Standard Two-Day First Aid and CPR	<b>DEC 20</b> Forklift Training Course
<b>DEC 30</b> Elevated Work Platform (Scissor & Articulating) Training Course	<b>ONLINE TRAINING</b> 	<b>JAN 13</b> Prompt Payment & the Mechanics of Construction Adjudication
<b>JAN 29</b> Microsoft Excel Mastery Training Course	<b>CALL US OR VISIT</b> OUR WEBSITE FOR: JHSC & WORKING AT HEIGHTS (Full & Refresher) SCHEDULE	<b>FEB 11</b> Overview of the COR Program Breakfast Session

**UPCOMING**  
training courses

www.niagaraconstruction.org  
905-682-6661



# & Training Courses

Training Recap: [click here](#)

Check out our online training courses  
[Click Here!](#)

Sign up today!



Working at Heights Training Schedule Full 8-4 and Refresher from 12-4 Course dates:  
More information [Click Here.](#)



Joint Health & Safety Committee  
Part 1 & Part 2 - Winter [Dates](#)  
Call for information 905-682-6661

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## Health and Safety Community

What an incredible amount of safety information, tips, guidelines and training we have...at our fingertips...SEE BELOW



What's New -  
**NOVEMBER 2019**



Stay up to date with the latest industry safety news and training by clicking [here.](#)

\*Occupational



Check out this valuable resource by clicking [here.](#)



Check out this valuable resource by clicking [here.](#)



Click [Here](#)

Be sure to subscribe to their seasonal [newsletter!](#)



## Helpful Information:

### FREE AODA training modules!

These cover the requirements for providing employment in ways that are accessible to people with disabilities. Watch it, read it, hear it or present it. [Click Here](#)



#### What can an effective Respectful and Inclusive Workplace Program deliver?

- **Become an employer of choice** – attract, retain, and advance top talent from all sources of labour
- **Unlock collaboration and innovation** – create high-performing teams through diversity of thought and experience
- **Build your brand** – your organization will gain a competitive edge as a leader and innovator



#### Your blueprint for success!

The BuildForce Canada Respectful Workplace Online Assessment Tool

RELEASE DATE - NOV. 7, 2018

The Respectful Workplace Assessment Tool allows organization leadership to assess their progress toward a Respectful and Inclusive Workplace and benchmark their progress confidentially against other construction organizations.

### The BuildForce Canada Online Respectful and Inclusive Workplace Toolkit -

See what you can you do to ensure that leaders/managers and supervisors are knowledgeable (and continue to learn) about respectful and inclusive workplaces. Check out the latest blog: [Click Here](#)

Also now available:

- Confined Space Safety Awareness
- Pipeline Construction Safety Training

Contact our Office for [DETAILS](#) and to register: 905-682-6661



[Visit the NCA website](#)